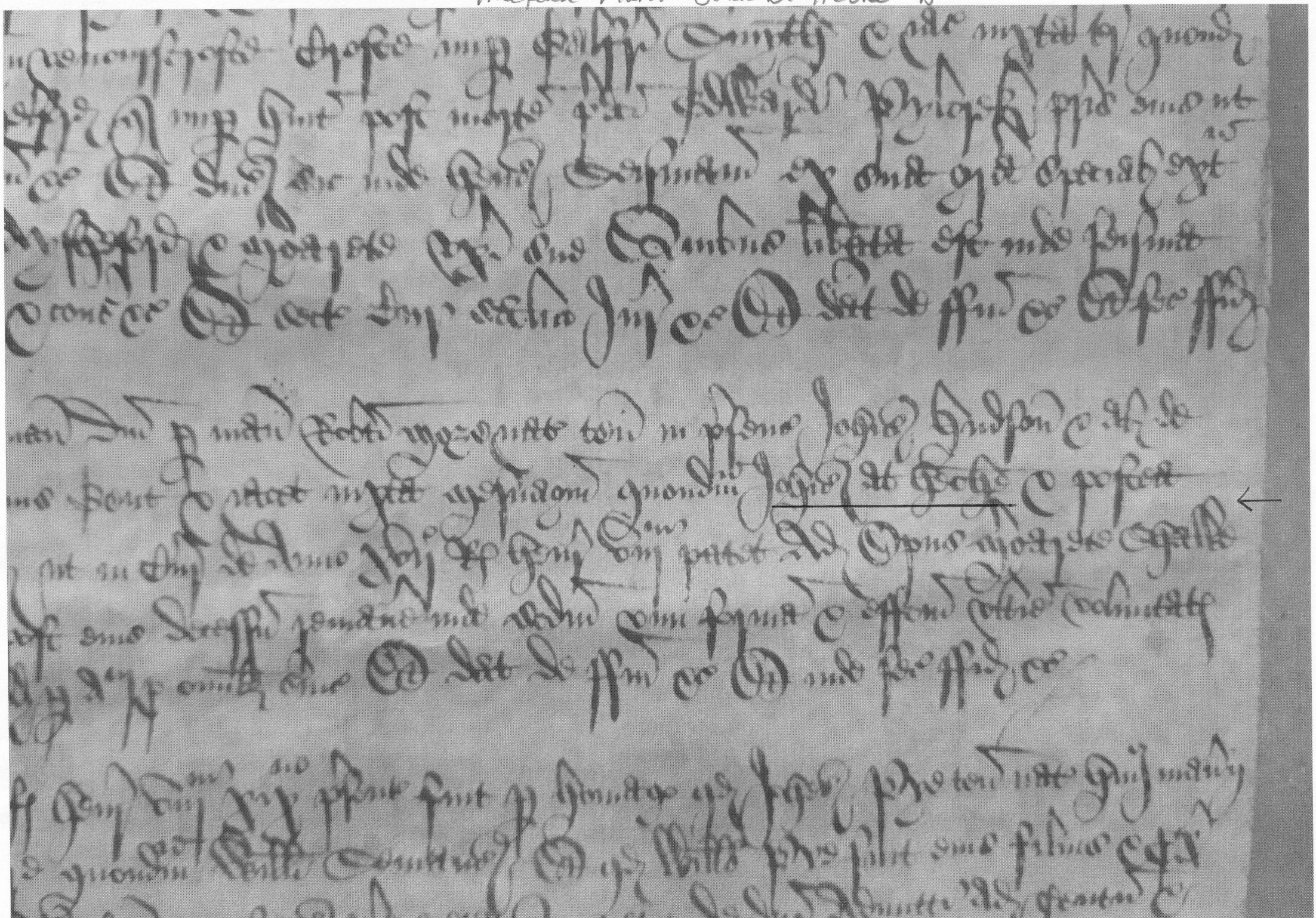Melford Manor John at Heathe B